

September 29 - October 1, 2016

The Roosevelt Hotel 🕸 New Orleans, LA

Laissez les bon temps rouler!



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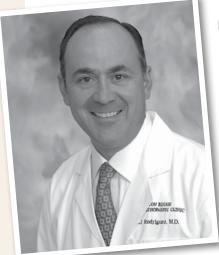
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The spring brings us closer to our annual meeting in New Orleans. The planning committee has been working hard at putting together a fantastic program. We are fortunate in New Orleans to have three orthopaedic teaching programs from which we have chosen speakers for our annual meeting. We also have superb state-wide physicians to supplement our program. There still is room for podium and e-poster presentations so I encourage all to submit an abstract for the program committee to consider for participation.

This year's educational program will provide the participants with a potential 17.25 hours of CME. This is a very well rounded educational opportunity and should benefit all of us in our daily clinical practice.

I am honored to have Dr. James Andrews and Dr. Marc Philippon as presidential guest speakers. They are two of the most prominent and well respected physicians in our profession. Their presentations are surely something you won't want to miss. Also, our meeting provides the type of venue that will foster the ability for one-on-one conversation with the presenters and other attendees.

The meeting will be held at The Roosevelt Hotel in New Orleans - a Waldorf Astoria Hilton. This is one of the classic grand hotels in our nation and is next to the historic French Quarter. As we all know, New Orleans is an amazing city to visit. Its art and musical culture are second to none and its dining cuisine is unparalleled. If you have been here before you know what it means to "miss New Orleans."

So make plans to come down to New Orleans for the 104th Clinical Orthopaedic Society Meeting September 29 – October 1, 2016.

Laissez les bon temps rouler!

Ricardo J. Rodriguez, MD COS President

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DULTTHIS WEETING

Mission Statement

The 104th Annual Meeting of the Clinical Orthopaedic Society will offer participants a comprehensive review of orthopaedic conditions including sports medicine and arthroscopy, patient safety, trauma, foot and ankle, pediatric orthopedics, and upper extremity surgery. Meeting attendees will review tried and true methods of diagnosis and treatments in addition to acquiring knowledge in the latest diagnostic and treatment techniques in each of these areas. The COS program faculty for 2016 are experts in the orthopedic sub-specialty topics represented and will be available to clinicians throughout the meeting. Dialogue and interaction between the audience and presenters will be highly encouraged.

Highlighting this year's program is a Live Patient Presentation that will allow participants to view patient-physician interactions. This program is sponsored by the Clinical Orthopaedic Society, for members and non-members, and has been designed to meet the needs of practicing orthopaedic surgeons.

Target Audience

Orthopaedic surgeons, orthopaedic residents, sports medicine physicians, physician assistants, nurse practitioners, nurses, physical

therapists, occupational therapists, and other allied health personnel, epidemiologists, researchers, and all those involved with the care of patients with orthopaedic conditions will benefit from attend the 104th Annual Meeting of the Clinical Orthopaedic Society.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and Clinical Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 17.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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As a result of participation in this activity, learners will be able to:

Articular Cartilage Reconstruction of the Knee

- Learn how to evaluate these injuries
- Understand the different techniques utilized in treatment 2.
- Understand post operative management 3.
- Understand the different graft options available for ACL reconstruction
- 5. Become familiar with the latest techniques for PCL reconstruction

Shoulder and Elbow Symposium

- Understand the management of dislocation in setting of bone loss
- Learn the treatment options for massive rotator cuff tears
- Learn the benefits and indications of biologic augmentation in rotator 3. cuff repair
- Review indications and outcomes of reverse Arthroplasty
- Gain insight into the biomechanics and injuries of the throwing

Adult Spinal Deformity

- Learn the methods of evaluation and treating spinal infestion
- Understand the presentation of cervical and lumbar neuropathy 2.
- Identify methods of optimal surgical treatment of these conditions

Adult Reconstruction

- Understand the methods employed in rapid recovery in total knee
- Learn about the medical pivot knee in total knee Arthroplasty
- Identify clinical and economic benefits of robotic assisted unicompartment Arthroplasty

Business of Orthopaedics

- Understand the financial risks and implications of bundled payment
- 2. Learn the potential benefits of captive insurance products
- Understand bundle payments 3.
- Understand the intricacies of product development

- Learn the evaluation of arthritic conditions of the hand and elbow
- Understand the optimal surgical treatments for arthritis of the hand and elbow

Trauma

- Learn the evaluation and treatment of osteoporosis
- Identify treatment options for hip fractures
- Identify treatment options for periprosthetic fractures

Pediatrics

- Identify treatment of pediatric foot conditions
- 2. Understand current concepts in operative treatment of scoliosis
- 3. Understand current concepts in growing spine instrumentation
- Understand current concepts in pediatric musculoskeletal oncology

Hip Arthroscopy

- Understand the concept of femoral Acetabular impingement
- 2. Understand the specifics of hip arthroscopy in the pediatric athlete
- Learn the benefits of arthroscopic repair of the abductor tendons of
- Learn the basics of rehabilitation of the pre and post operative hip

Foot and Ankle

- 1. Learn the proper evaluation of the acute and chronic ankle sprain
- Understand the different options in the operative and non-operative treatment of ankle instability

Presidential Guest Lecture

- Learn the benefits of labral reconstruction of the hip
- Gain insight into what it takes to build and maintain a successful sports medicine practice

104TH ANNUAL MEETING SCIENTIFIC PROGRAM

THURSDAY - September 29, 2016

7:00 am - 3:00 pm	Registration			
7:00 am - 8:00 am	Breakfast with Exhibitor:			

8:00 am - 8:10 am Welcome and Opening Remarks - Ricardo J. Rodriguez, MD

Symposium 1: Hand

Moderator: Claude S. Williams III, MD

8:10 am - 8:25 am	Carpal Joint Salvage: Management of SNAC, SLAC - Leslie Sisco-Wise, MD
8:25 am - 8:40 am	Finger Joints: Repair, Replace, and Fusion - Donald C. Faust, MD
8:40 am - 8:55 am	Thumb Arthritis: What Works, What Doesn't - Claude S. Williams IV, MD
8:55 am - 9:10 am	Management of Post Traumatic Arthritis of the Elbow - Brandon Donnolly, MD
9:10 am - 9:20 am	Question and Answer

Symposium 2: Shoulder/Elbow

Moderator: Michael O'Brien, MD

9:20 am - 9:35 am	Indications and Outcomes for Reverse Shoulder Arthroplasty - Nick Hatzis, MD
9:35 am - 9:50 am	Shoulder Instability with Bone Loss - R. Shane Barton, MD
9:50 am - 10:05 am	Treatment Options for Massive Rotator Cuff Tears - Matthew Williams, MD
10:05 am - 10:20 am	Biologic Augmentation of Rotator Cuff Repair - Michael O'Brien, MD
10:20 am - 10:30 am	Question and Answer

10:30 am - 11:00 am Coffee Break with Exhibitors

Symposium 3: The Business of Orthopaedics

Moderator: Christopher Rich, MD

11:00 am - 11:15 am	Strategic Planning for Physicians - Michael Stahl, MD
11:15 am - 11:30 am	Captive Insurance Product / Self Insurance for Health Benefits - Trey Williams
11:30 am - 11:45 am	Bundled Payment Programs for Total Joints - C. Lowry Barnes, MD
11:45 am - 12:00 pm	Product Development - Treg D. Brown, MD
12:00 pm - 12:10 pm	Question and Answer

12:10 pm - 1:10 pm Lunch with Exhibitors

Symposium 4: Spine

Moderator: John Davis, MD

1:10 pm - 1:25 pm	Cervical Myelopathy - John Davis, MD
1:25 pm - 1:40 pm	Cauda Equina - TBD
1:40 pm - 1:55 pm	Epidural Abscess - Felipe Ramirez, MD
1:55 pm - 2:10 pm	Lumbar Stenosis - Henry Eiserloh, MD
2:10 pm - 2:20 pm	Question and Answer
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2:20 pm - 3:00 pm Coffee Break with Exhibitors

Symposium 5: Pediatrics

Moderator: William Accousti, MD

3:00 pm - 3:12 pm	Pediatric ACLs: Myths vs. Facts - Tony Gonzales, MD
3:12 pm - 3:24 pm	Current Topics in Scoliosis Treatment - Brad Culotta, MD
3:24 pm - 3:36 pm	I Would Flex Nail That - Sean Waldron, MD
3:36 pm - 3:48 pm	Current Concepts in Pediatric Musculoskeletal Oncology - Stephen Heinrich, MD
3:48 pm - 4:00 pm	Finally, a Technique for Juvenile Bunions - William Accousti, MD
4:00 pm - 4:10 pm	Question and Answer

104TH ANNUAL MEETING SCIENTIFIC PROGRAM

Symposium 6: Knee Articular Cartilage Preservation

Moderator: Deryk Jones, MD

4:10 pm - 4:25 pm Articular Cartilage Management Algorithm - Deryk Jones, MD

4:25 pm - 5:00 pm Case Presentations - Deryk Jones, MD; Carey Winder, MD; Wendell Heard, MD; and Adam Whatley, MD

5:00 pm - 6:30 pm President's Welcome Reception with Exhibits

FRIDAY - September 30, 2016

7:30 am - 4:00 pm Registration

7:30 am - 8:15 am Breakfast with Exhibitors

Papers with Discussion

Moderator: Felix H. Savoie III, MD

8:15 am - 9:05 am Papers with Discussion (10) 9:05 am - 9:15 am Question and Answer

Symposium 7: Foot/Ankle - I Sprained my Ankle and It Continues to Hurt

Moderator: Field Ogden, MD

9:15 am - 9:35 am	Lateral Ankle Pain: Lateral Sprain (Low and High), Chronic Instability, Peroneal Tendons Hodges Davis, MD
9:35 am - 9:55 am	Medial Ankle Pain: Posterior Tibial Tendon Dysfunction, Medial Sprain - James Lalonde, MD
9:55 am - 10:15 am	Posterior Ankle Pain: Achillies Tendonitis, Posterior Impingement - Ramon F. Rodriguez, MD
10:15 am - 10:25 am	Question and Answer
10:25 am - 11:00 am	Coffee Break with Exhibitors
11:00 am - 11:20 am	Dr. and Mrs. J. Elmer Nix Presentation and Lecture
	J. Ollie Edmunds, Jr., MD
11:20 am - 11:40 am	Presidential Guest Speaker: James Andrews, MD
	My Life as a Team Physician and Success in Your Orthopaedic Career

11:40 am - 12:00 pm Live Patient Presentation

12:00 pm - 1:00 pm Lunch with Exhibitors

Symposium 8: Hip Arthroscopy

Moderator: Ricardo J. Rodriguez, MD

1:00 pm - 1:15 pm	Femoral Acetabular Impingement - Misty Suri, MD
1:15 pm - 1:30 pm	Hip Arthroscopy for the Pediatric Athlete - Brett Cascio, MD
1:30 pm - 1:45 pm	Arthrosopic Abductor Tendon Repair - Ricardo J. Rodriguez, MD
1:45 pm - 2:00 pm	Post Operative Physical Therapy - Patrick Cook, PT, OCS, FAAOMPT
2:00 pm - 2:10 pm	Question and Answer
2:10 pm - 2:30 pm	Presidential Guest Speaker: Marc J. Philippon, MD
	Labral Reconstruction: When, why and how?
2:30 pm - 2:45 pm	Katrina Talk - Michael Odinet, MD
2:45 pm - 3:00 pm	Concussion Management and the NFL - Gregory Stewart, MD
3:00 pm - 3:10 pm	Question and Answer

Digital Poster Walk Around Session

3:10 pm - 5:10 pm Digital Poster Presentation Walk Around Session and Coffee Break

104TH ANNUAL MEETING SCIENTIFIC PROGRAM

SATURDAY - October 1, 2016

7:45 am - 12:00 pm Registration
7:45 am - 8:15 am Continental Breakfast

Papers with Discussion

Moderator: Robert Zura, MD

8:15 am - 9:05 am Papers with Discussion (10) 9:05 am - 9:15 am Question and Answer

Symposium 9: Joint Reconstruction

Moderator: Chad Millet, MD

9:15 am - 9:30 am The Use of a Medial Pivot Knee on Total Knee Replacement - Fernando Sanchez, MD

9:30 am - 9:45 am Rapid Recovery Total Knee Arthroplasty - Vinod Dasa, MD

9:45 am - 10:00 am Clinical and Economic Evaluation of Robotically Assisted Unicompartmental Knee Arthroplasty

George Chimento, MD

10:00 am - 10:10 am Question and Answer

10:10 am - 10:30 am Coffee Break

10:30 am - 10:40 am COS Annual Membership and Business Meeting

Symposium 10: Trauma - Fracture Management in the Elderly

Moderator: Peter Krause, MD

10:40 am - 10:55 am
10:55 am - 11:10 am
11:10 am - 11:25 am
11:25 am - 11:40 am
Osteoporosis Management for the Orthopedist - Olivia Lee, MD
Fracture Fixation in the Elderly Patient - Peter Krause, MD
Hip Fracture Management - Paul Gladden, MD
Periprosthetic Fractures - Robert Zura, MD

11:40 am - 12:00 pm Presidential Address / Passing of the Presidential Gavel

12:00 pm Adjournment

HOLET BESEBAUTIONS

Group rate ends August 28, 2016

Rooms and rates are subject to availability.

The COS 104th Annual Meeting will be held in New Orleans at The Roosevelt Hotel.

The Roosevelt Hotel 123 Baronne Street New Orleans, LA 70112 Phone: 504-648-1200

To make your reservation, please visit www.cosociety.org.

Be sure to mention the Clinical Orthopaedic Society to receive the group rate of \$259 plus taxes and fees.

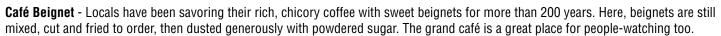
SPOUSE & GUEST ACTIVITIES

Tastebud Tours of New Orleans

Thursday, September 29, 10:30 am - 2:30 pm

However many days you're spending in the Crescent City, there's no better way to start your visit than with the ultimate local food tour. Walk and eat your way through the streets of the French Quarter and visit Jackson Square in the heart of the city while our guides entertain you with fun facts and point out famous sights.

We will walk to five different food tastings (enough for lunch), which are included in the ticket price (restaurants are subject to change):



Laura's Pralines and Candies - Nestled in the historic French Quarter, the Creole pralines and hand-dipped chocolates here are made fresh daily with recipes that date back to the 18th century. New Orleans' oldest candy store is still going strong.

Johnny's Po-boy - Established in 1950, this third generation French Quarter landmark dishes out the best po-boys in Nawlins. The sandwich was first served to striking streetcar workers in 1929 and has been a New Orleans favorite ever since.

The Old Coffeepot - Classic Cajun and Creole cuisine has been the calling card here since 1894. We'll try the same jambalaya that Guy Fieri featured on Diners, Drive-ins and Dives.

Tujague's - This restaurant was previously a Spanish armory before it started slinging classic Creole dishes in an elegant setting. We'll try their house specialty, a tender boiled beef brisket served in Creole sauce with just a touch of horseradish.

The Lunch Bell Ringeth! Come hungry!



Houmas House Plantation and Gardens Tour

Friday, September 30, 10:30 am - 4:00 pm

Come visit the Houmas House in Darrow, Louisiana! This historical mansion is the Crown Jewel of Louisiana's River Road and we offer roundtrip transportation from New Orleans! Our tours operates daily and we also offer four on-site restaurants, relaxing gardens, and a fantastic gift shop.

We will pick you up in the French Quarter at 10:30 am and will return around 4:00 pm. You will ride in a 32-passenger luxury bus where you will view a short film showing the history of the property. Your ticket includes a guided tour of the house, self guided tour of the gardens, and your transportation.

Our specially trained tour guides enjoy their subject and their guests. They are more than happy to answer questions or engage requests for more information. The plantation is staffed with plenty of guides to keep groups small and the presentation tailored to what is most interesting to guests.

After your guided tour, you will be free to enjoy the Crown Jewel of Louisiana's River Road at your own pace. Relax with a refreshing mint julep, freshly prepared in The Turtle Barlocated in one of our twin Garconierre's. Enjoy the breeze off the Mississippi as you stroll through the shadows of ancient oaks.

You will also have plenty of time to enjoy a relaxing lunch at Cafe' Burnside. Our menu is varied and ranges from a great healthy salad, to a fried oyster po-boy, to a filet mignon, done just right.

Your visit would not be complete without a stop in our Gift Shop and The River Region Art Gallery located at the main entrance. Here you will find a wide selection of unique souvenirs, novelty items, handmade collectibles, original works of art and prints, as well as cookbooks, candles, photographs and fascinating books on the architecture, history and culture of south Louisiana and New Orleans. Many items are one of a kind and cannot be purchased anywhere else. We offer the perfect gift for that special occasion.

Whether you're being guided through the mansion with its artwork, artifacts and antiques or discovering the beauty of the immaculate gardens and grounds at your own pace, you will quickly understand that a visit to Houmas House Plantation and Gardens is a unique experience.



CLINICAL ORTHOPAEDIC SOCIETY



ANNUALETING

September 29 - October 1, 2016 * The Roosevelt Hotel * New Orleans, LA

	M	leeting	Registration	n Form			
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Check all that apply			Through 8/31,	/16	After 8/		
☐ Clinical Orthopaedic Society M☐ Louisiana Orthopaedic Associ			\$675		\$77	'5	= \$
☐ Non-Member - US & Canada			\$775		\$87	75	= \$
☐ Emeritus			\$320		\$34	5	= \$
☐ COS First Year/Registrant			\$425		\$45	0	= \$
☐ Physician Assistant			\$595		\$69)5	= \$
☐ Allied Health			\$320		\$34	5	= \$
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☐ Athletic Trainer			\$150		\$20	0	= \$
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Refund Policy: 50% refund throu	igh 8/31/16; no refund	s after 8/31/16.	Refund will be determin COS headquarters with	ed by date written ca	incellation is re	ceived. All can	cellations must be
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CLINICAL ORTHOPAEDIC SOCIETY



ANNUALETING

September 29 - October 1, 2016 * The Roosevelt Hotel * New Orleans, LA

GUEST/SPOUSE REGISTRATION FORM
Name:
Email*:*The COS will send spouse activity information to the provided email address.
Guest/Spouse Fees:
Please join us Thursday and Friday mornings for breakfast and great hospitality at The Roosevelt Hotel. This is a perfect time to plan your day, and schedule group events/tours.
New Orleans has much to offer and the COS has planned two events in advance (See below). Registration is required to secure your space at both of the activities below.
PLEASE CHECK ALL THAT APPLY:
Thursday, September 29, 2016 − Tastebud Tours of New Orleans
Friday, September 30, 2016 – Houmas House Plantation Tour
of tickets @ \$75 per person

TOTAL FOR REGISTRATION***: \$_



Clinical Orthopaedic Society 2209 Dickens Road Richmond, VA 23230-2005

